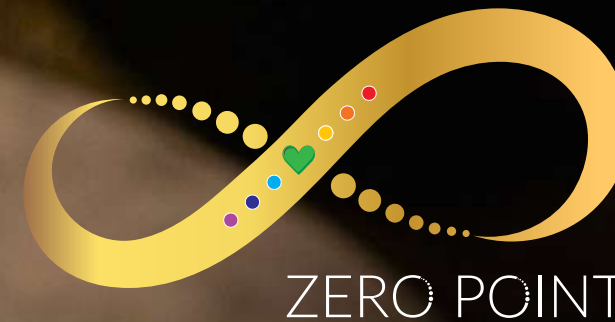


**THE POWER WITHIN**  
HEALING, TRANSFORMATION, AND SOULFUL  
CONNECTION



# The Zero Point Experience

**BY**  
**ZERO POINT ACTIVATION**





# Zero Point

Was born from a deep longing for healing and transcendence. We are committed to the highest frequencies of love, boundless forgiveness, and heartfelt gratitude, and it's our purpose and desire to share this journey with you, as our world is in need for unity, peace, and inner growth.

Our mission is to help people heal, grow, and connect with higher awareness and love, as every soul deserves. We are a compassionate group dedicated to building a loving community where we share knowledge and personal experiences related to growth and spirituality.

We truly believe in the potential for healing, personal growth, and a deep sense of spirituality, we offer events that can guide you on a transformative journey of healing, releasing trauma, and rediscovering the path to happiness and love through practices like reiki, sound healing, meditation, tai chi, somatic breathwork, and more.

Woman owned and minority owned



# Meet the Founders and Practitioners



**THE LIGHT BRINGER**



**ANDREA OF GAIA**



**THE KEYMAKER**

# Who are we?

## ANDREA OF GAIA

My journey through physical, mental, and emotional challenges has taught me the vital lessons of self-acceptance, self-love, and embracing opportunities for growth within life's most difficult moments, leading me to true transformation, happiness, and the courage to follow my dreams. Now, I'm here to share my story and wisdom through practices such as Energy Healing, Sound Healing, Somatic Breathwork, and more.

My purpose in life is to guide and teach others to heal, awaken their highest selves, and remember their soul's purpose.

I truly believe that if I could heal, so can you.

## THE LIGHT BRINGER

Embracing the light and the healing power of the universal life force energy and conscious thoughts, I've transformed my life's challenges into blessings, and in the process I've developed a deep passion for helping others to unleash their power within to create their own heaven on earth. My mission in life is to be of service to my beautiful soul family and activate the Zero Point Energy by promoting high frequency emotions of unconditional love, forgiveness, compassion and gratitude to help elevate the collective consciousness of humanity.



# Healing Modalities



## Meditation

is a powerful practice that cultivates inner peace, mindfulness, and mental clarity. It helps reduce stress, enhance focus, and attain a deeper connection with your inner selves.

## Tai Chi

is a gentle martial art that combines slow, flowing movements with deep breathing. It helps improve balance, flexibility, and mental focus while reducing stress, enhancing physical well-being, and increasing energy flow throughout the body.

## Breathwork

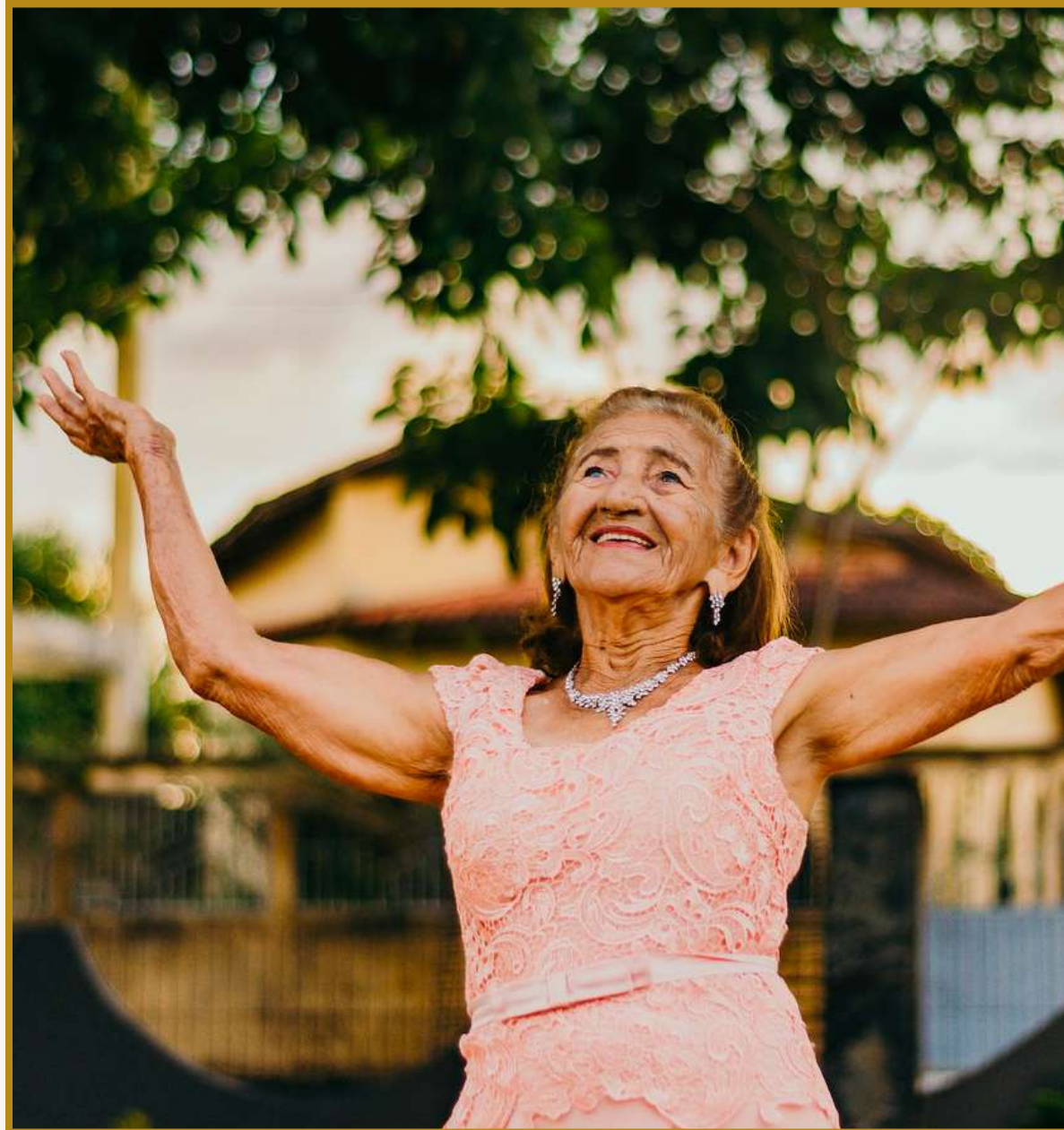
is a transformative practice that focuses on conscious breathing techniques to release emotional blockages, reduce anxiety, and enhance emotional and physical well-being.

## Sound Healing

uses the soothing vibrations of sound to restore balance and harmony to the body, mind, and spirit. It can relieve stress, promote relaxation, and stimulate emotional release and healing.



# **"Harmony in Transition: Nurturing Love and Peace for Those Embracing their Journey"**



Our **heartfelt** mission is to infuse **love** and **peace** into the lives of those in need. Through our tailored practices, we aim to guide everyone into a space of **serenity**, aiding in the release of **anxiety** and fostering a profound sense of **peace** within the body, mind and soul.

In extending our service to spaces where elders find solace in their final days, we aspire to create a tranquil environment for individuals to embrace their journey with tranquility and joy. Our **soundbaths, meditation sessions, and energy healing** practices are designed to support residents in letting go of burdens, allowing them to transition with a heart **full of love and peace**. Our ultimate **gift** is to provide a moment of **serenity** and **calm**, ensuring that they embark on their next chapter **free** from unnecessary weight, surrounded by an **aura of love and tranquility**.



# Soundbath Therapy for Seniors

**Soundbath therapy** has shown to positively impact **PTSD, dementia, autism, cancer, depression** and **behavioral and psychiatric disorders**. Studies have found sound therapy decreases mood swings, lowers blood pressure and cholesterol, enhances pain tolerance and improves sleep quality.

**Jonathan Goldman**, one of the pioneers of sound healing, said "The basic principle of sound healing is that everything is in a state of vibration, including our organs, bones, tissues, etc. If these parts of the body become imbalanced they may be healed through projecting the proper and correct frequencies back into the body. This works for imbalances and over-or under-activity in the chakras and the energy fields."







# LIVING MINDEFULLY





# Why Invest in Well-being?



## STRESS REDUCTION:

HEART - BODY  
MIND - SOUL BALANCE

ENHANCED PHYSICAL  
HEALTH

CONNECT TO YOUR  
HIGHEST SELF



## EMOTIONAL RESILIENCE:

IMPROVE SLEEP  
QUALITY

LIVE A LOVING AND  
HAPPY LIFE

INCREASE CREATIVITY  
AND INNOVATION



IMPROVE MENTAL  
HEALTH

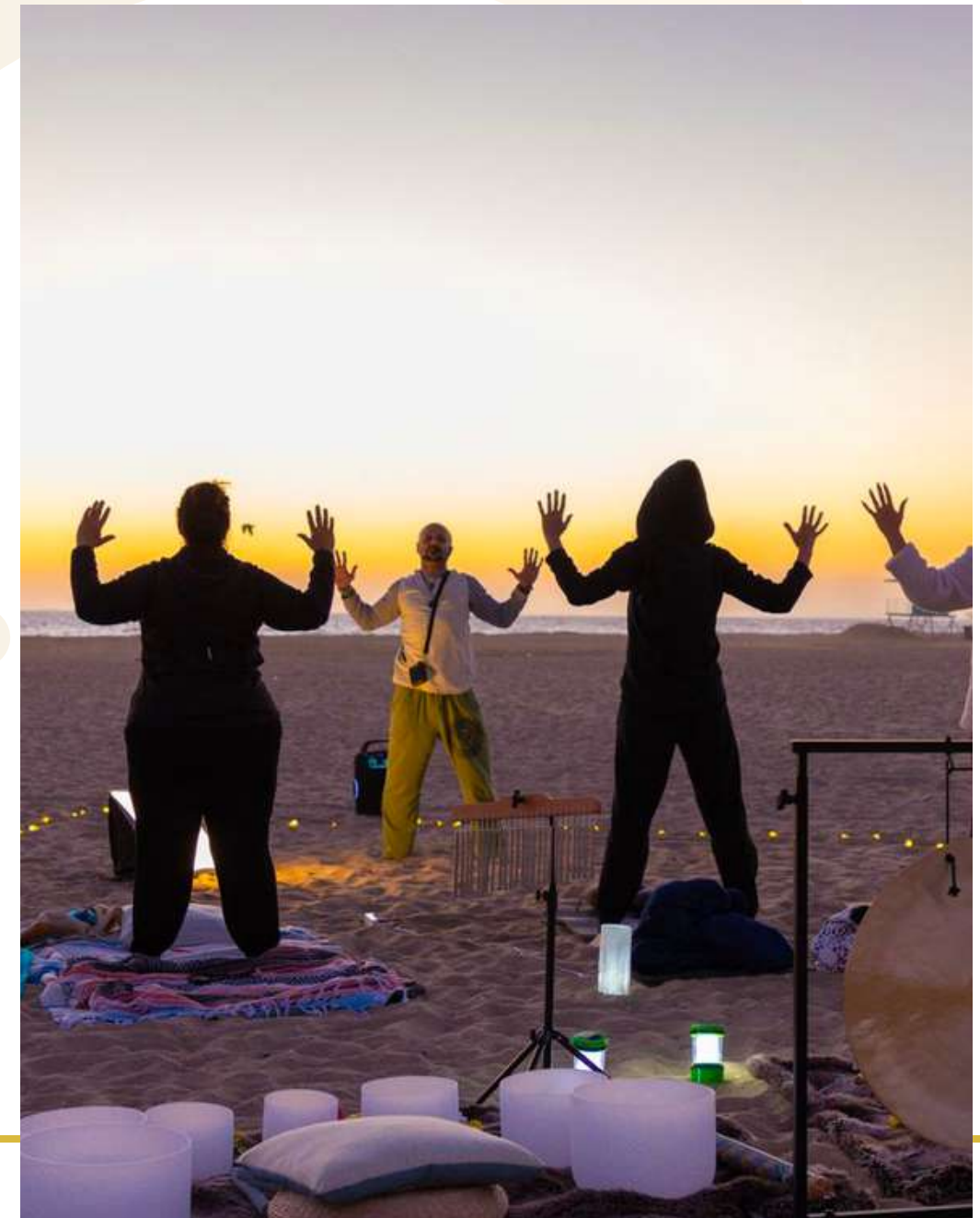
HEAL TRAUMA

LET GO OF LIMITING  
BELIEFS

RELEASE OF BLOCKED  
ENERGY

# Your Journey Matters:

We want you to know that your journey matters. Your experiences, your pain, and your aspirations are at the heart of our mission. We've been through our own struggles and have felt the weight of life's challenges. It's precisely because we know what it's like to navigate through those dark moments that we're here with open hearts, eager to walk this path of healing alongside you.



@zeropointactivation



# WHAT WE OFFER

- 01 Sound Healing Session (1 hour)
- 02 Breathwork and or Reiki/Sound Bath (1 hour)
- 03 Tai Chi and Guided Meditation Workshop (1 hour)
- 04 Customized Healing Package





# SOUND HEALING 1 HOUR

This package includes a one-hour sound healing session that focuses on using vibrations and soothing sounds to promote relaxation, reduce stress, and release emotional tension.



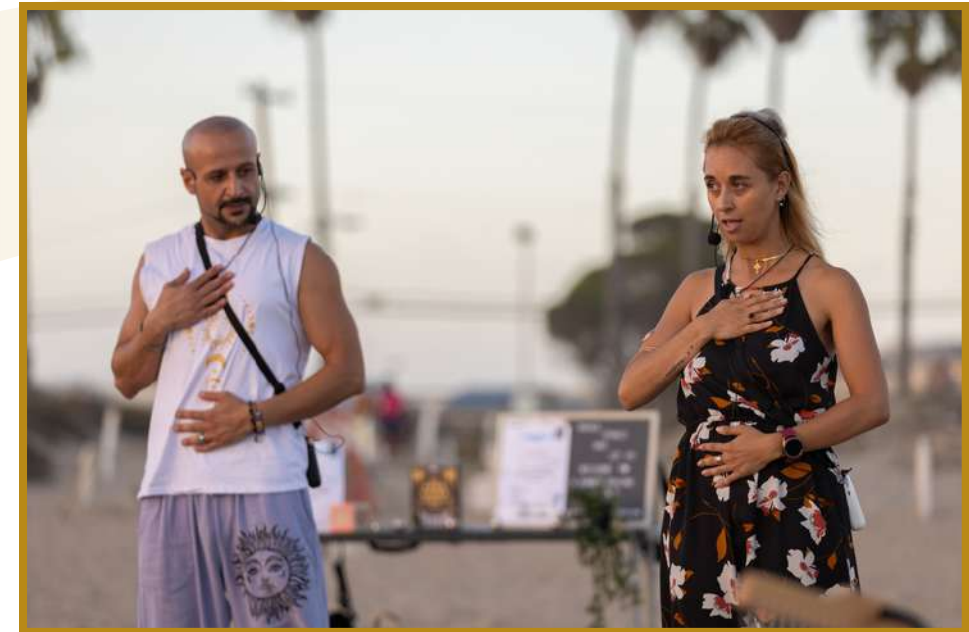
# TAI CHI & GUIDED MEDITATION 1 HOUR





# CUSTOMIZED HEALING PACKAGE

Tailor a package to suit the specific needs and preferences of the organization or individuals you are serving. This can include a combination of any of the modalities we offer.







# Memories in Motion: Professional Videography Packages

Pro Videography Packages: Co-Owner Josh Friedman, professional videographer, photographer entrepreneur, and educator will join us to capture your event with industry standard professional video equipment and make the memories last for you and your social media followers! Pro Video packages include a 2-3 minute highlight video, and short videos up to 90 seconds that are optimized for social media. Testimonials about the event can also be captured and edited into your highlight video!

## Pro Photography Packages:

Co-Owner Josh Friedman, will help you to remember the event forever by capturing professional photography of your event! Full Resolution edited photos of your event will be provided for use in print and social media and medium resolution photos will be provided for your web site! Packages include a single or double photographer option.





# TESTIMONIALS



**Andi, CA**

" Doing somatic breathwork and the breathing as medicine and healing, letting go of anything that is toxic, letting go of anything that's negative and just bringing in all that positivity into your soul, into your essence, it's just been a wonderful experience for me and I am truly grateful for Zero Point Activation and how I am starting to heal, I'm feeling better, I'm living with more gratitude and appreciation."



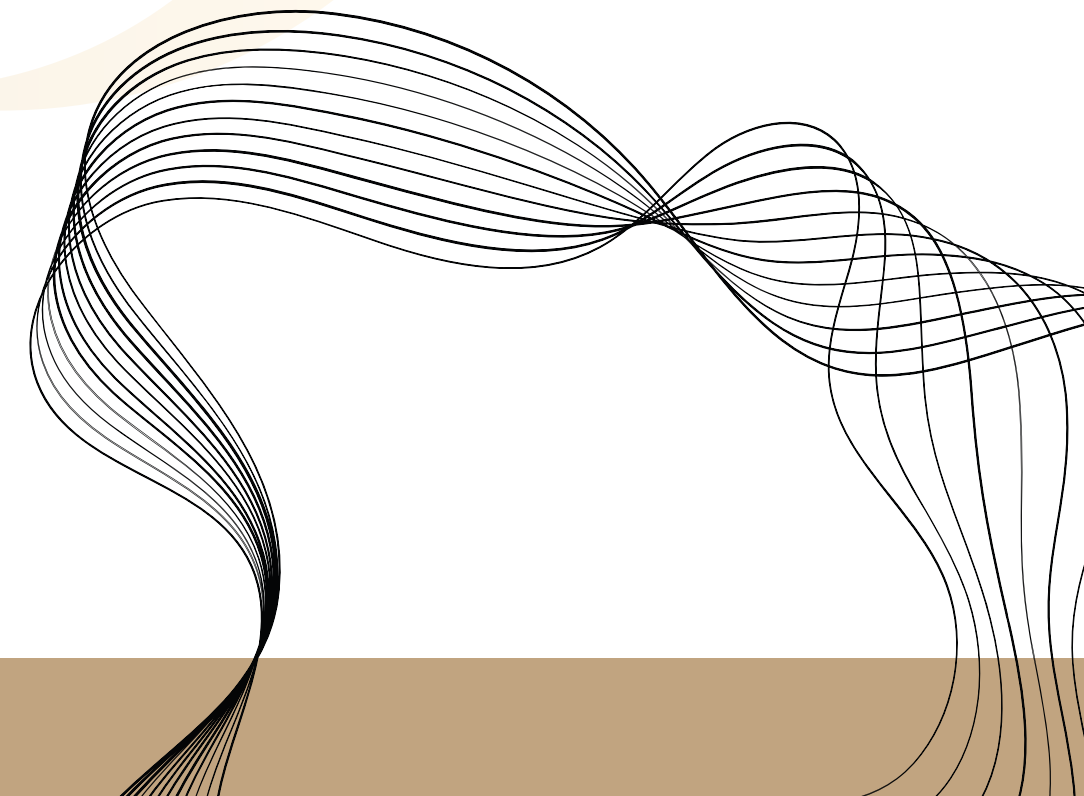
**Joseph, CA**

" My experience with zero point has been transformative. It's hard to describe the feeling and effects... it's just something you have to experience for yourself. Andrea and Lucifer work with a sense of grace and understanding that left me feeling calm and peaceful."



**Yolanda, CA**

" I can't even express the words...it was very explosive and yet very inward at the same time if that makes any sense...it's made my understanding of who I really am more clear...I am more able to embrace my uniqueness...it has allowed me to be more myself...It was amazing and powerful! Thank you! "



# TESTIMONIALS



**Christina, CA**

" I just felt both you [Lucifer] and Andrea's energy was so beautiful and you were passionate about what you were doing and it just affected me. I've had a lot of Reiki and I feel nothing, I feel like my energy has been so stuck... all the sound baths, all the breathworks I've done, nothing will move in me...but at that event when you were doing the hands and stuff [Reiki] I was like ooooooh I actually feel something, it was powerful! "



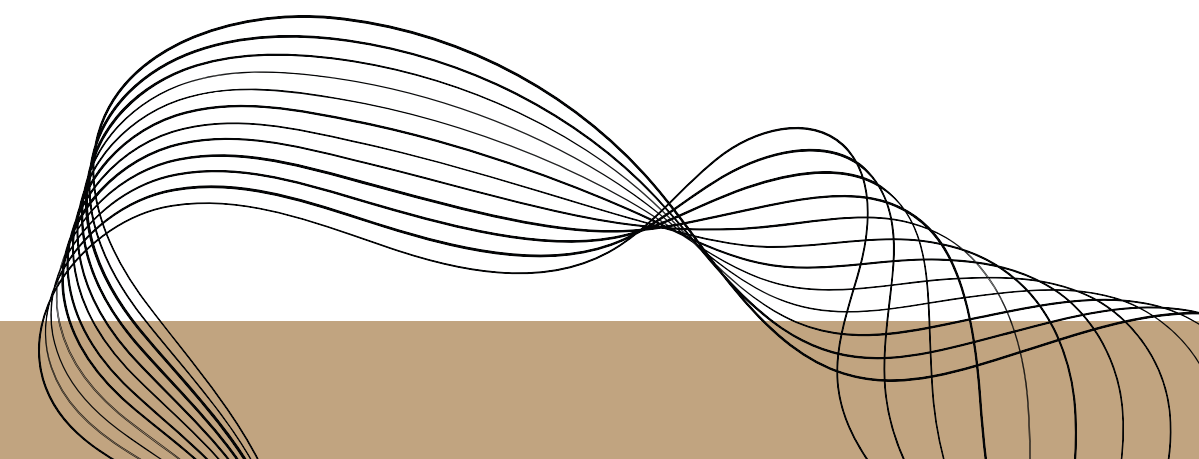
**Dani, CA, Airborne Division**

" I'm no stranger to mental therapy, I have been working hard on myself for so many years to cope with my past traumas. I been seeing a therapist for over three years. Talk therapy has helped me tremendously but I feel that I needed more. A friend introduced me to Zero Point Activation. I have had 3-4 sessions and I already feel a difference. Body trauma is real. I'm finally letting go of my grief, and guilt from past experiences. Zero Point has opened my eyes and heart to the next level of therapy. I highly recommend them for any veteran that is struggling with PTSD, anxiety, social anxiety or depression. Don't let the past rule your future. Life can be beautiful again with a little guidance from Zero Point Activation. "



**Monica, CA**

" Over the years I have been going layer by layer by layer and this is a very very deep manifestation of trauma...when you came over and just really helped me... pull that energy out, it was amazing. And then when we ended I just felt release, relief, joy and gratitude. It was an amazing, amazing event! "





ZERO POINT

**NAMASTE**